







INFINITE RESISTANCE



INTEGRATED WINDSCREEN

The **AB900** is a classic design of a classic modality. With its dynamic, air-driven resistance system, this air bike is a powerful tool for all types of training situations — from low RPM, low load rehabilitation to high performance, high Watt output interval training. Resistance matches the user's effort and accommodates upper-body only and total body exercise. The compact design allows the AB900 to be placed anywhere in a facility for easy programming integration.

## **AB900** AIR BIKE

- Air-driven resistance delivers a simultaneous upper and lower-body challenge allowing the user to emphasize pushing and pulling or experience a total-body workout.
- Highly durable to accommodate even the most challenging high intensity interval workouts.
- Standard, integrated windscreen to prevent blowback for user comfort.
- Fully adjustable oversized and contoured seat for maximum comfort and performance.





## **AB900** CONSOLE FEATURES

**DISPLAY** interval, target time, distance, calories, watts, speed, RPM, heart rate

MODES quick start, target time, target distance, target calories, target heart rate, interval 20-10, interval 10-20, interval custom

WORKOUT SUMMARY total time, total distance, total watts

FUNCTION KEYS up, down, start, stop, enter, Bluetooth

TELEMETRIC HEART 5KHz supports most heart rate chest straps

RATE RECEIVER

## **EQUIPMENT SPECIFICATIONS**

**RESISTANCE** 27", 9-blade fan produces unlimited air resistance

**DRIVE SYSTEM** 1/8" chain

**SEAT ADJUSTMENT** up/down – locking pop-pin, fore/aft – lever lock

PEDALS/FOOTREST flat, platform-style pedals with anti-skid surface/knurled footrests for upper-body only workout

**CONSOLE** console requires 4 AA batteries

REQUIREMENTS

FRAME welded steel construction with bolt-on floor stabilizers

CONSTRUCTION

LEVELER FEET rubber to protect flooring

**DIMENSIONS** 1220 x 658 x 1281 mm / 48 x 26 x 50 in

 PRODUCT WEIGHT
 54 kg / 119 lb

 MAX. USER WEIGHT
 159 kg / 350 lb

CERTIFICATE CE (EN957 SB-class), FCC

## WARRANTY INFORMATION

Commercial (All Facilities) - 5 years frame, 2 years console and mechanical parts, and 1 year labor

Prisons and correctional facilities are excluded from warranty coverage.